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## ALBERT MATHEWS

Mental Fatigue During Continuous Exercise of a Single Function Melbourne Univ. Publishing  
When the reader opens the book, the first impression may be: Oh, my God, that's a lot of reading here! But as soon as he/she enters the universe of the main character, Valerie, he/she forgets about the number of pages and becomes solidary with her. The vast majority of people have simple, monotonous lives, they are born, go to school, then to work, get married, have children, die. Without too many incidents. It's not Valerie's case. This woman's life story is amazing, making you ask yourself, WHY? Why do some people have a life full of unpleasant surprises, of misfortune we could say, all the way? Is it only given to chosen people to live hard lives? Their life is similar to the characters' in the fairy tales that go through many difficult moments, extreme moments sometimes, to finally get their well-deserved reward, and the conclusion good overcomes evil is justified. Really? In the book, the KARMA idea is repeatedly mentioned: what goes around, comes around. And yet there is a mystery... Why are we born in our families? Does the unborn child choose his parents and the way of life according to the mission his soul has in the world? The more we choose a harder way, the brighter our soul will be at a time when the final countdown is taking place? Really? Let's hope so! It sounds optimistic. This book seems to be especially addressed to women, but that's not right! Anyone can learn something from Valerie's story. As a conclusion, I could say that the message of the book is: a winner is a dreamer who never gives up no matter how bitter brew gets in life's cup!  
Simon and Schuster

Will the heartbroken doc take her second chance with the single dad? Find out in this emotional and uplifting Harlequin Medical Romance from USA TODAY bestselling author Traci Douglass. Home is... where the doctor is? Widowed Dr. Morgan needs a fresh start! But the first man that Morgan meets on Whidbey Island in Washington State plunges her back ten years...to a passionate encounter she's never forgotten. Dr Ely is now a single dad—and her new, if temporary, colleague! Yet as their connection bursts back into life, Morgan's resolve to protect her broken heart is sorely challenged. Dare she let herself dream of forever again? From Harlequin Medical: Life and love in the world of modern medicine.

**Single Women in Popular Culture** Zondervan

In 2008, the iconic doomsday clock of the Bulletin of the Atomic Scientists was set at five minutes to midnight—two minutes closer to Armageddon than in 1962, when John F. Kennedy and Nikita Khrushchev went eyeball to eyeball over missiles in Cuba! We still live in an echo chamber of fear, after eight years in which the Bush administration and its harshest critics reinforced each other's worst fears about the Bomb. And yet, there have been no mushroom clouds or acts of nuclear terrorism since the Soviet Union dissolved, let alone since 9/11. Our worst fears still could be realized at any time, but Michael Krepon argues that the United States has never possessed more tools and capacity to reduce nuclear dangers than it does today - from containment and deterrence to diplomacy, military strength, and arms control. The bloated nuclear arsenals of the Cold War years have been greatly reduced, nuclear weapon testing has almost ended, and all but eight countries have pledged not to acquire the Bomb. Major powers have less use for the Bomb than at any time in the past. Thus, despite wars, crises, and Murphy's Law, the dark shadows cast by nuclear weapons can continue to recede. Krepon believes that positive trends can continue, even in the face of the twin threats of nuclear terrorism and proliferation that have been exacerbated by the Bush administration's pursuit of a war of choice in Iraq based on false assumptions. Krepon advocates a "back to basics" approach to reducing nuclear dangers, reversing the Bush administration's denigration of diplomacy, deterrence, containment, and arms control. As he sees it, "The United States has stumbled before, but America has also made it through hard times and rebounded. With wisdom, persistence, and luck, another dark passage can be successfully navigated."

**Better Safe Than Sorry** ePublishers & Editura Coresi

*Single Women in Popular Culture* demonstrates how single women continue to be figures of profound cultural anxiety. Examining a wide range of popular media forms, this is a timely, insightful and politically engaged book, exploring the ways in which postfeminism limits the representation of single women in popular culture.

*The Narcissism Epidemic* Penguin

Former Navy SEAL Michael Rinaldi has one rule: no second chances... So when Nicole Zito, his beautiful ex, hires his security firm to keep her safe after witnessing a murder, Michael convinces

himself he'll be fine. Single mom Nicole may have been the love of his life, but he's confident he can protect her, along with his own broken heart. Then Nicole receives a disturbing email, threatening both her and her young son. And Michael's protective instincts kick into overdrive. But protecting Nicole means spending time with her, and ignoring his heart is turning out to be a lot tougher than he thought... Nicole still has feelings for Michael, but she knows he's the best man for the job. Still, she never expected how perfect it would feel to be with him again. Tucked away in a quiet cabin with Michael and her son...It almost feels like they're a real family. It's everything she ever wanted, but she's afraid their fragile bond will soon come to an end. She's falling hard for this sexy SEAL. Can she convince him their love is worth a second chance?

*The Doctor and the Single Mom* Stanford University Press

Are we responsible for, and to, those forces that have formed our families, friends, and communities? Where do we leave off and others begin? In *The Tribal Knot*, Rebecca McClanahan looks for answers in the history of her family. Poring over letters, artifacts, and documents that span more than a century, she discovers a tribe of hardscrabble Midwest farmers, hunters, trappers, and laborers struggling to hold tight to the ties that bind them, through poverty, war, political upheavals, illness and accident, filicide and suicide, economic depressions, personal crises, and global disasters. Like the practitioners of Victorian "hair art" who wove strands of family members' hair into a single design, McClanahan braids her ancestors' stories into a single intimate narrative of her search to understand herself and her place in the family's complex past.

*A Diamond for the Single Mom* Harlequin

Successful communication can help to prevent health problems, promote healthy behaviors and lifestyles, and overcome health challenges. However, various issues have created obstacles for the promotion of health communication, including low health literacy, the reluctance of patients to admit their lack of understanding, the overestimation by health professionals of a patient's level of understanding, and insufficient health literacy tools, to name a few. It is thus essential to convey the latest communication models and practices being used to increase health literacy and provide adequate health information to society. *Health Communication Models and Practices in Interpersonal and Media Contexts: Emerging Research and Opportunities* explores and analyzes the fundamentals, models, and dimensions of health communication and offers practical solutions for better communications with direct outcomes in the optimization of citizens' health literacy. The book also discusses and proposes more effective health communication models and practices as a tool for the construction of more solid and evident health outcomes. Covering topics such as cancer prevention, health professionals' communication, and models of health communication, this text is essential for health professionals, communication professionals, professors, teachers, researchers, academicians, and students.

*Better Single Than Sorry* Manchester University Press

A Simon & Schuster eBook. Simon & Schuster has a great book for every reader.

**Poultry Success** Blessings For All SC

From billionaire bachelor To doting daddy? In this Manhattan Babies story, Seth McCallan is committed to being a bachelor until his best friend's widow Harper crashes into his world. Discovering Harper's been left with nothing, Seth resolves to put things right. Even if that means

Harper — and her baby daughter — moving in. Even if that means a pram in his penthouse. Even if that means awakening a dangerous longing to stand by her side, now and always... Manhattan Babies trilogy Book 1 — Carrying the Billionaire's Baby Book 2 — A Diamond for the Single Mom Look out for the next book, coming soon! "I love a book that makes your heart happy, and that is just what Carrying the Billionaire's Baby does. Susan Meier has once again delivered characters you can not only relate to but can fall in love with. From New York to Paris, to a small town in PA Avery and Jake's story will keep you turning the pages." Goodreads on Carrying the Billionaire's Baby "I have never read a Susan Meier book I haven't loved and this is no exception." Goodreads on The Spanish Millionaire's Runaway Bride

*Health Communication Models and Practices in Interpersonal and Media Contexts: Emerging Research and Opportunities* Oxford University Press

ONE PASSIONATE NIGHT... Once they'd shared an unforgettable encounter, but Ciara Caldwell had disappeared into the night, leaving Bryce Ashland with no clue to her identity. He still remembered his mystery woman's face, but now Bryce was a bachelor dad who didn't have time for any female—except his baby girl. ONE FAMILY-TO-BE? Then Ciara unexpectedly landed on his doorstep as his daughter's new nanny, and the fortress around the brooding widower's hardened heart broke wide open. Ciara was the stand-in mother Bryce had dreamed of for baby Carolina—but Ciara's skill as caregiver wasn't all he wanted from her. He ached to share her bed again...and again. But could he risk his heart—with everything to lose, but so much to gain?

**The Life of I** AuthorHouse

Far from being the work of a madman, Anders Breivik's murderous rampage in Norway was the action of an extreme narcissist. As the dead lay around him, he held up a finger asking for a Band-Aid. Written with the pace of a psychological thriller, *The Life of I* is a compelling account of the rise of narcissism in individuals and society. Manne examines the Lance Armstrong doping scandal and the alarming rise of sexual assaults in sport and the military, as well as the vengeful killings of Elliot Rodger in California. She looks at narcissism in the pursuit of fame and our obsession with 'making it'. She goes beyond the usual suspects of social media and celebrity culture to the deeper root of the issue: how a new narcissistic character-type is being fuelled by a cult of the self and the pursuit of wealth in a hypercompetitive consumer society. *The Life of I* also offers insights from the latest work in psychology, looking at how narcissism develops. But Manne also shows that there is an alternative: how to transcend narcissism, to be fully alive to the presence of others; how to create a world where love and care are no longer turned inward.

*The Choice Effect* Seal Press

Once the country believed itself to be the true face of Australia: sunburnt men and capable women raising crops and children, enduring isolation and a fickle environment, carrying the nation on their sturdy backs. For almost 200 years after white settlement began, city Australia needed the country: to feed it, to earn its export income, to fill the empty land, to provide it with distinctive images of the nation being built in the great south land. But Australia no longer rides on the sheep's back, and since the 1980s, when "economic rationalism" became the new creed, the country has felt abandoned, its contribution to the nation dismissed, its historic purpose forgotten. In *Fair Share*, Judith Brett argues that our federation was built on the idea of a big country and a fair share, no

matter where one lived. We also looked to the bush for our legends and we still look to it for our food. These are not things we can just abandon. In late 2010, with the country independents deciding who would form federal government, it seemed that rural and regional Australia's time had come again. But, as Murray - Darling water reform shows, the politics of dependence are complicated. The question remains: what will be the fate of the country in an era of user - pays, water cutbacks, climate change, droughts and flooding rains? What are the prospects for a new compact between country and city in Australia in the twenty - first century? "Once the problems of the country were problems for the country as a whole. But then government stepped back ... The problems of the country were seen as unfortunate for those affected but not likely to have much impact on the rest of Australia. The agents of neoliberalism cut the country loose from the city and left it to fend for itself." - Judith Brett, Fair Share.

Recovery Workbook for Love Addicts and Love Avoidants Tate Publishing

This electronic version has been made available under a Creative Commons (BY-NC-ND) open access license. Table for one: A critical reading of singlehood, gender and time is the first book to consider the profound relationship between singlehood and time. Drawing on a wide range of cultural resources - including web columns, blogs, advice columns, popular clichés, advertisements and references from television and cinema, the author challenges the conventional meaning-making processes of singlehood and time. Lahad's analysis gives us the opportunity to explore and theorize singlehood through varied temporal concepts such as waiting, wasting, timeout, age, the life course, linearity and commodification of time. This unique analytical approach enables the fresh consideration of some of our dominant perceptions about collective clocks, schedules, time tables and the temporal organization of social life in general.

SINGLE or UNMARRIED? Silhouette

A sequel to Anatomy of a Boyfriend finds 18-year-old pre-med student Dominique reeling from the experiences of a first love and breakup only to embark on a perception-changing new relationship that compels her to let go of the past and explore her sexuality.

Quarterly Essay 42 Fair Share Relay Publishing

Love choices but hate choosing? Welcome to the club. The Choice Effect is for young women who have all the opportunities in the world and no idea how to decide among them. It's one thing to have lots of options when it comes to fulfilling careers or traveling the world—but what does it mean for our love lives? How can you know whether you're with the right person—or if the time is right—when you haven't vetted the other possibilities? With hard-won insight, plus interviews with a whole host of other women who are living it, the twentysomething friends and authors of The Choice Effect explain why their generation is sidestepping traditional timelines. They look at the question of choice in the twenty-first century as they give voice to their generation's dilemma: How do you choose when you've been taught you can have it all?

Objection Bantam Press

SINGLE or UNMARRIED IS A QUESTION OF CATATONIC EXISTANCE VERSUS LIVING EFFECTIVELY. since the dawn of humanity, not everyone attains the state of true singleness in their lifetime. To be married—like being single—is simply a legal marital status. A truly single person—single or married—is an individual who has discovered God's purpose for his or her life, pursues excellence as

a matter of policy in all endeavors, and is matured spiritually, emotionally, and mentally. Notable by their signature fingerprint—excellence—and footprint—matured character, true singles are like the salt of the earth, the light of the world, and a city set on a hill. Employing his innovative and groundbreaking concepts—such as the 'Troublemaker' and 'Artistic-soldier' models—the author discloses in his Magnum Opus that true singleness is a goal to be pursued. It is neither an embarrassment to be avoided nor a burden to do away with at all costs. Achieving true singleness will transform your preferences and priorities. It will help you to differentiate right from good, choose what is right, and, more importantly, do what is right for the right reason(s). To the global community of single adults, this book will help you discover whether you are just an unmarried or a truly single person. It uncovers ancient hidden secrets to becoming a truly single person, living a fulfilling life, and building a firm foundation for marital success. "The awareness Single or Unmarried seeks to generate is well-timed." —REV. JOHN KWESI DARKU Executive Director—Africa, Christ For All Nations (CFAN) "I have been married for over half a century, and the secret is this—discover your life assignment and seek self-knowledge...Single or Unmarried will show you how." —GODFREY DANSO ABRAH Marriage Coach and Mentor, Wisdom Wedge

The Life of I Updated Edition Univ of California Press

Citing a rise in such factors as cosmetic surgery, status-related debt and misrepresented Facebook profiles, a cautionary report on the increase of unhealthy ego-related behaviors examines its actual cost to families, organizations and societies. By the author of Generation Me.

Single Daddy Romance University of Michigan Press

A Navy SEAL is fearless, focused, and resolute when it comes to his mission. But what if the mission is something he never trained for? Navy SEAL Eric "Thor" Thorsten welcomes his sister and her best friend out to California for a vacation. He's never forgotten the one kiss he shared with his sister's friend ten years ago, but he has no intention of digging up the past. He's far from perfect, but there are lines he won't cross. Having a fling with his sister's best friend is one of them. Have you ever been in love-lust-craving for a person who doesn't know you exist? Well, Isabella Paxton, aka Izzy, knows the feeling. She has been in love-lust-craving for her best friend's older brother since the day she met him. She's sure Eric Thorsten knows she exists, but only as his sister's friend. How can she make him see her as the adult woman she is? Eric's past unexpectedly lands on his doorstep in the form of a four-month-old daughter. The daughter's mother has died, and either he takes her or she will go into the foster system. Izzy Paxton steps forward to help. Eric and Izzy form a marriage of convenience until Eric gains full custody of his daughter. But both of them are keeping secrets...from each other and their families. The problem is the more time they spend together, the more the line blurs between gratitude and love.

Hot SEAL, Girl Crush: A Navy SEAL Single Dad-Sister's Best Friend Romance Susan Peabody

'It's time for women to start telling the world - and each other - why it's better to be single than sorry. Yes, it's great to have a boyfriend or a husband, and I'm not suggesting women give up the idea of happily ever after, but I don't believe in settling... The truth is, we know what we're looking for and we must never sell ourselves short.' Life can be fabulous on your own - the antidote to dating books! BETTER SINGLE THAN SORRY has a simple, refreshing and powerful message. It's far better to be single than to end up with someone who doesn't make you happy just because you want to be

in a couple, feel pressured by society / your friends / your mother, or you want to get married or have kids. She's all for compromising and being realistic, but she encourages women not to settle for the sake of it. Chapters include: \* Being Single is Not a Curse \* It Takes Guts to be On your Own \* Don't Play Hard to Get - Be Hard to Get \* 50 Reasons Why it's Great to be Single \* But All My Friends are Married... \* Stop Believing You Can't do Better \* Throw Away the Picture of your Ideal Man \* Don't Talk yourself into Liking a Guy \* Basic Instinct - Trust Yours \* What you Want Versus what you Need

Single Sashimi Simon and Schuster

A single dad, who's in over his head, and an event planner running from her past, are drawn together on charming Bluestar Island by a determined seven-year-old and her escape-artist goat. Event planner, Charlotte "Aster" Smith, has fled the only life she has ever known. The situation has

left her questioning her own judgment as she cautiously tries to create a new life for herself on Bluestar Island. Taking the job of event coordinator for the small town is a step in the right direction. The only problem is it's currently a part-time position, but the mayor suggests with additional funding the position could transform into a full-time job. In the meantime, she needs a second job in order to stay financially afloat. Farmer and single father, Sam Bell, is struggling to keep his aging farm from going bankrupt while raising his young daughter. And now that his daughter's babysitter is heading off to college, he needs help. So when he finds Aster is in need of work, he thinks his problems are solved. But things aren't always what they seem. And he can't help wondering what Aster is keeping from him. In the lingering rays of a Bluestar Island sunset, Sam and Aster find themselves dancing upon the sand. As they help each other heal, the possibility of a future together becomes tangible. But will the ghosts from their pasts extinguish this budding romance? Includes a delicious recipe for Aster's Amazing Apple Cobbler!